

## SAMPLE TIMETABLE FOR STEPPING STONES AT EVERGREEN ACADEMY

TIME	Activities	MIN
7:30 - 8:30	BEFORE SCHOOL PROGRAMMING	60
8:30 - 9:30	INTRO TO LEARNING (GROUP AND INDIVIDUAL ACTIVITIES)	60
9:30 - 9:45	15 MINUTE SNACK BREAK	15
9:45 - 10:45	60 MINUTE OUTDOOR ACTIVITIES/PHYSICAL EDUCATION	60
10:45 - 11:45	ACTIVE LEARNING (LEARNING CENTRES/GAMES)	60
11:45 - 12:15	30 MINUTE LUNCH BREAK	20
12:15 - 1:15	60 MINUTE OUTDOOR ACTIVITIES/PHYSICAL EDUCATION	60
1:15 - 2:15	60 MINUTES QUIET ACTIVITY/REST TIME	60
2:15 - 2:30	15 MINUTE SNACK BREAK	15
2:30 - 3:30	ARTS (CRAFTS, MUSIC, DRAMA)	60
3:30 - 4:30	AFTER SCHOOL PROGRAMMING	60

\*please note this timetable may be altered for community exploration. This will occur at times that least impact our snack/rest times